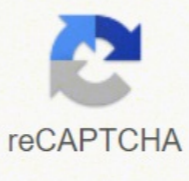




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Rakesh Sharma and Dipti Jani

Interaction of Cationic CTAB Surfactant with Curcumin, an Anticarcinogenic Drug: Spectroscopic Investigation

Curcumin, the most active polyphenolic constituent of turmeric curcuminoids obtained from rhizome *Curcuma longa*, holds a high place in ayurvedic medicine but its role in conventional disease management is also established. Unfortunately, the compound has poor aqueous solubility, which results in poor bioavailability following high doses by oral administration. In order to enhance its effectiveness and improve bioavailability, surfactant assemblies as the colloidal drug carriers with desired properties have been largely utilized. The interaction of curcumin with cetyltrimethylammonium bromide (CTAB) surfactant has been investigated by absorption spectroscopy as a function of surfactant concentration in pre-micellar and micellar range at acidic pH of 6.4. The pre-micellar and micellar region of pure CTAB surfactant at acidic pH of 6.4 is examined through tensiometry and conductivity techniques. Spectral data shows that in presence of curcumin at lower C_{CTAB} , the change in absorbance and peak form initially was assigned to attachment of positive head group of CTAB towards the β -diketone group of drug. In micellar region including CMC, the type of interaction corresponds to the attachment of C_{16} chains of CTAB to nonpolar aryl groups of drug and simultaneously displacement of polar head group from β -diketone group of the drug. Finally at post micellar C_{CTAB} , the encapsulation of the curcumin into micelles, predominantly in intact monomeric form is observed with the sharp peak at $\lambda_{max} = 423$ nm.

Key words: Curcumin, CTAB surfactant, CMC, drug-surfactant interaction, UV-Vis spectroscopy

Wechselwirkung zwischen mit kationischen Tensid CTAB und dem antikarzinogenen Wirkstoff Curcumin: Spektroskopische Untersuchung. Curcumin, die aktivste polyphenolische Verbindung unter den Gelbwurzel Curcuminoiden, wird aus dem Wurzelstock *Curcuma longa* erhalten und hat in der ayurvedischen Medizin einen hohen Stellenwert; ist aber auch in der konventionellen Krankenbehandlung etabliert. Leider ist die Verbindung schlecht wasserlöslich, was zu einer schlechten Bioverfügbarkeit und daher zu hoher Dosierung bei der oralen Verabreichung führt. Zur Erhöhung seiner Wirksamkeit und zur Verbesserung der Bioverfügbarkeit wurden Tensidaggregate als kolloidale Wirkstoffträger mit gewünschten Eigenschaften umfangreich eingesetzt. Die Wechselwirkung von Curcumin mit Cetyltrimethylammoniumbromid (CTAB) wurde abhängig von der Tensidkonzentration im vormizellaren und micellaren Bereich bei pH 6,4 mit der Absorptionsspektroskopie untersucht. Der vormizellare und micellare Bereich des reinen CTAB wurde bei pH 6,4 tensiometrisch und konduktometrisch untersucht. Die spektralen Daten zeigen, dass bei Anwesenheit von Curcumin bei niedrigen CTAB-Konzentrationen die Veränderung von Extinktion und ursprünglicher Peakform von der Anziehung der positiven CTAB-Kopfgruppe zur β -Diketongruppe des Wirkstoffs bestimmt wurde. Im micellaren Bereich einschließlich der CMC, entspricht der Wechselwirkungstyp der Anlagerung der C_{16} -Ketten des CTAB an die unpolaren Arylgruppen des Wirkstoffs bei

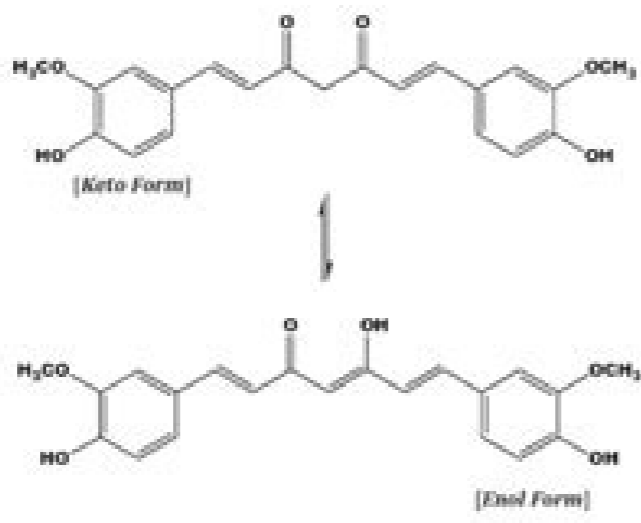
gleichzeitiger Entfernung der polaren Kopfgruppen von den β -Diketongruppen des Wirkstoffs. Letztlich wird in der post-micellaren Region des CTAB aufgrund des scharfen Peaks bei $\lambda_{max} = 423$ nm beobachtet, dass Curcumin überwiegend in der intakten monomeren Form in die Mizellen eingeschlossen ist.

Schlüsselwörter: Curcumin, CTAB, CMC, Wirkstoff-Tensid-Wechselwirkung, UV-Vis-Spektroskopie

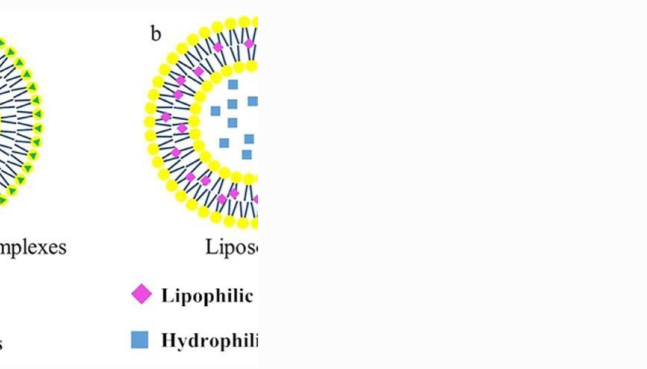
1 Introduction

The Indian solid gold, Curcumin (1,7-bis(4-hydroxy-3-methoxyphenyl)-1,6-heptadien-3,5-dione; commonly called as *di-furylylmethane*), is a bioactive constituent of turmeric, the Indian spice, which is a member of the ginger family obtained from the rhizome "*Curcuma longa*" and has been known for centuries as a household remedy to many ailments [1-4]. It contains two ferulic acid molecules linked via a methylene bridge at the carbon atoms of the carboxyl groups. Curcumin is a lipophilic molecule with phenolic groups and conjugated double bonds which exhibits keto-enol tautomerism (shown in Scheme 1).

Recently, curcumin has attracted much interest because several experimental studies have demonstrated that this natural polyphenol has anti-tumor, anti-oxidant, anti-arthritis, anti-amyloid, anti-ischemic, anti-cancer and anti-inflammatory effects and is currently subject to numerous clinical trials in humans [6-8]. The photophysical and photochemical properties of curcumin have been studied through the years by several groups for its better applications in health sciences [2, 5-12]. Clinical development of



Scheme 1 Chemical structure of Curcumin drug



nutrients

Dietary Curcumin: Correlation between Bioavailability and Health Potential

Abstract: The health potential of curcumin, a natural polyphenol found in the rhizome of turmeric (*Curcuma longa*), is well known. However, its poor bioavailability is a major barrier to its clinical application. This review discusses the correlation between curcumin bioavailability and its health potential. It highlights the importance of curcumin in various health conditions and the need for improved formulations to enhance its bioavailability. The article also discusses the role of curcumin in cancer prevention and treatment, and its potential as a natural antioxidant and anti-inflammatory agent.

Keywords: curcumin, bioavailability, health potential, polyphenol, turmeric, antioxidant, anti-inflammatory.

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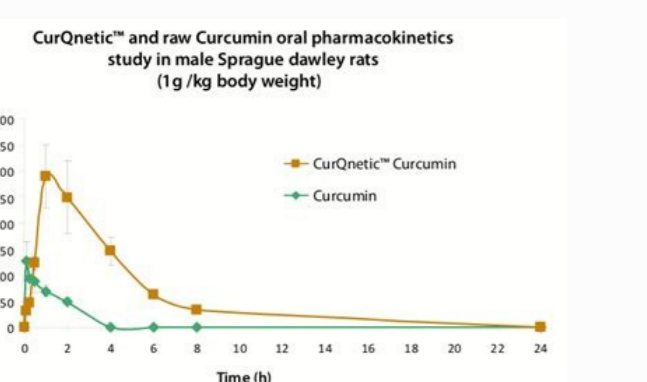
loaded inside the micelle shell

The diagram shows a cross-section of a micelle shell. The shell is composed of amphiphilic molecules with hydrophilic heads (blue circles) and hydrophobic tails (yellow circles). The hydrophobic tails form the core of the micelle, where red dots representing curcumin molecules are loaded. The hydrophilic heads form the outer shell of the micelle.

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Curcumin bioavailability enhancement. Curcumin bioavailability study. Curcumin bioavailability pepper. Curcumin bioavailability percentage. How to increase curcumin bioavailability. Curcumin bioavailability for cancer. Curcumin bioavailability piperine. Curcumin bioavailability increased absorption.

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